



## EAST PORTLAND ACTION PLAN

**Saturday**  
**October 2, 2010**

### ***Sacred Spaces East Portland Urban Bike Tour***

Take a tour through Outer NE Portland and experience some of the “sacred spaces” of our community. Using residential streets, bike routes and bike paths, we will visit eight places, including Buddhist and Christian sites, sacred tree groves, a Ghost Bike, and the Parkrose Community Peace Labyrinth.

**DISTANCE & ROUTE:** 14 miles long and goes west as far as the I-205 bike path, north as far as Sandy Blvd., east as far as 172<sup>nd</sup>, and south as far as Glisan St.

**SKILL LEVEL:** Beginning to Intermediate (one steep downhill on I-205 bike path south of Maywood Park, a short steep uphill in Wilkes, and less than a half-mile of heavily trafficked areas on Glisan St. & 162nd). Children under 10 should be closely monitored for safety or in bike seats.

**TIME:** Approximately 3 ½ to 4 hours

**START PLACE AND TIME:**

Meet at Eastminster Church, 12505 NE Halsey St. Portland 97230

9:00-9:30 a.m. Gather for muffins, juice and coffee

9:30 a.m. Ride Orientation

9:45 a.m. Ride begins

**BRING:** Weather-appropriate clothing, bicycle helmet (required), and water bottles.

**RSVP's** appreciated, but not required. For more information call 503-252-3888 or email at [office@eastminsterpdx.org](mailto:office@eastminsterpdx.org). A waiver form will need to be signed before the ride.



